



**EASE**  
PROGRAM

# Facilitator Package

## Part 2 – Facilitating your Group

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## **APPENDIX**

Assistance in forming your group with EASE

Forming your EASE group through five simple steps

Checklist

Marketing materials & handout

Energy Attunement Science of Enlightenment: what is the EASE program?

Email template: EASE for the Soul

Sample Forms 2, 3 & 4

EASE Material Loan Agreement

Blessings EASE facilitator,

We thank you deeply for your offer to facilitate the Energybody Attunement Science of Enlightenment (EASE) program and bring the EASE energies to people all over the world. It is a divine program that will bring many blessings to you and the participants in your group. We honour your contribution and willingness to serve the world in this way.

**This document contains information that will greatly assist you to facilitate EASE. It is important for you to read this whole document and understand the information within it.**

If you have any questions about the information in the Facilitator Package or how it will affect your group, please contact Alchimie de Lumière at [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

The EASE facilitator process has been designed to support you to run your group with ease and to maintain full alignment with the teachings and frequency of the program. The alignment with the integrity of the program is the basis for all EASE marketing, delivery, policies, pricing, facilitator support and participant registration.

Within this document there are many tools that will assist you as a facilitator such as marketing ideas and documents, checklists for material that you will need to run EASE and steps to explain how to communicate with Alchimie de Lumière. If you would like further assistance at any time, please contact us and we will support you in any way we can.

The EASE program was originally created throughout 2005/2006 by Qala Sri'ama and the GAIA company. It is now being distributed by Alchimie de Lumière (formerly GAIA) throughout the world and with your help, we hope that many thousands of people will experience joy, deep love and profound shifts in their lives from this transformational program.

The EASE program is delivered by a team of Enlightened Beings, called the EASE emissaries. They are here to support you as a facilitator energetically in any way they can. We now invite you to connect to them with the following invocation so that you can experience the boundless divine energies that the EASE emissaries offer to bathe you in. Or you may wish to open yourself to the EASE emissaries in your own way as you are pulsed, from within.

We ask that you open and align yourself to your Divine Presence and the Presence of EASE every time you bring another part of this wonderful creation into manifestation, and action.

With love and gratitude for your service to humanity through facilitating EASE,

The EASE Team

**Alchimie de Lumière**

PO Box 242

Bangalow NSW 2479

Australia

[facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com)

## **EASE Emissaries Invocation**

Beloved One,

We call you now from within, into the Temple of your Sacred Heart... to gently be aware of the breath that is flowing through your body.... allow your self a moment to be here now... to receive EASE for the flow of your breath and witness the stream of life merging into every cell, every chakra, every feeling, every thought... breathing in... breathing out... With your awareness now follow this breath into the earth, into the heart of Gaia and gently give thanks for all you are being given, for all support that is available to you at all times...

The universe, the EASE emissaries, mother Gaia, the Divine Presence of your soul all give thanks to you now, give thanks for your dedication, your care, your expertise, your pure love, all that you bring to every moment in your day as you create.

Gently open your heart a little wider and receive the gratitude that pours forth through you now, from within, from without.... gratitude to be here now, to be able to do and be who you are right now... grateful for the group consciousness that you are and that co-creates with you in every moment...

Gently now link your heart into the heart of Gaia, into the heart of the Divine University, into the group heart of all EASE angels... Present within our open heart of gratitude we call forth for the EASE energies to flood through us...

We call for Prana to flood through our entire energy body now, through our physical, emotional, mental body, through all our cells, energizing, revitalizing. Breathing in.... breathing out.... pure prana...

We call forth now for the Christ Light to flood through all of us now.... breathing in.... breathing out...

We call forth now for Plasma to flow through our entire energy body now... breathing in... breathing out...

We call now for the Voidal Frequency to merge with us.... the deepest purest love.... flowing with our breath through our body, through all that we are...

We call now for the Source Frequencies to flood through us... to activate the pure divine harmonics that will allow us to create the highest most effective and easy pathways for all to be done now...

We ask our God Presence, our I AM Presence to merge with us now... We ask the EASE emissaries and the Enlightened Masters to guide us in all we think, feel, do, write and for us to be open to receive the pure love and guidance of EASE in our Sacred Heart...

Gently rest for a moment, aware of these energies opening our energy field to the universal unified field and receive EASE... In your next breath receive what is now your first action, your first priority, your primary task to flow from your beloved energized creator self to bring forth EASE into everything that surrounds you...

We give thanks to you and all you bring, beautiful one.

Blessed be, blessed be, blessed be...  
Namaste

## 1 FACILITATING EASE

### 1.1 The Facilitator Package

This Facilitator Package has been created to assist you with all information you may need to form and run an EASE group. It consists of 3 parts –

Part 1 - [Overview](#) / Part 2 - [Facilitation](#) / Part 3 - [Support Information](#)

### 1.2 Registering as a Facilitator

You have been called/attracted/drawn to facilitate EASE for any of a number of reasons. Perhaps you have felt the EASE energies and wish to experience the full body clearing for yourself. Perhaps you wish to share this experience with others. Perhaps you would like to train as a facilitator of EASE and be able to create a form of income support for yourself by facilitating groups of high frequency energy work.

By this stage you will have probably seen the website [www.theeaseprogram.com](http://www.theeaseprogram.com) and read some information about the course.

Also you will have contacted [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) and received 3 emails, detailing for you what is required to establish and run an EASE group.

### 1.3 What type of Facilitator am I - Affiliated or Accredited?

If you have completed the first 12 levels of the EASE Program – both Essential and Intermediate EASE, you are automatically eligible to become an **Accredited Facilitator**. This is because you already hold the EASE pillars within your energy body. You are also eligible to be paid to facilitate all 18 levels of EASE when they become available.

You are an **Affiliated Facilitator** if you have qualified and been accepted to facilitate the EASE program but have not completed EASE 1-7. In this case you are facilitating in exchange for receiving the program for yourself.

If you have completed EASE 1-7 but have not completed all 12 levels, see below for information about whether you would qualify to receive payment for running a group.

### 1.4 Receiving payment for facilitating an EASE Group

All Accredited Facilitators and some Affiliated Facilitators can receive payment.

The amount received for each participant is 1/3<sup>rd</sup> (one-third) of the amount paid by that participant. Note: Australian facilitators who are not registered for GST will be deducted 10%, being the GST component, when calculating the one-third facilitator payment.

If you have completed Essential EASE 1-7 and commit to receiving Intermediate EASE by purchasing modules 8-12, you are eligible to be paid to facilitate EASE 1-7, on the condition that you complete the modules within one year of having purchased them.

### 1.5 Intermediate EASE

Intermediate EASE (modules 8-12) is available to **ongoing groups (those who have completed Essential EASE)**.

## 1.6 Advanced EASE

Advanced EASE (modules 13-18) is available to **ongoing groups (those who have completed Intermediate EASE)**.

If you wish to continue to receive Intermediate EASE with your group you are required to send in an updated version of all forms. You may follow the 10 steps in the checklist below in section 6.6

If this is likely to be of interest to you, please email us at [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

## 2 SUPPORT TO HELP YOU

### 2.1 Written material

This Facilitator Package has been created to assist you, to easily guide you through the practical aspects of establishing a group, completing all the documentation required and downloading the audio and written materials needed for the successful facilitation of your EASE group. It provides you with checklists of all the steps you need to take, the materials you need for promoting your Taste of EASE days and EASE programs, all forms required by Alchimie de Lumière's administration, and a number of processes to support you to create and hold your group.

We ask that you spend the time to read through all the materials carefully and familiarise yourself with the contents. We realise that there is much information but reading through it all will provide you with a very clear picture of the processes and answer many questions that may arise. It will also help us to assist you with grace, ease and efficiency. We thank you in advance.

### 2.2 Mumara team and EASE mentoring

To improve support to facilitators, we offer an EASE Mumara team, consisting of loving and highly qualified facilitators that are available for sessions with individual participants or facilitators who would love more special assistance to integrate the new EASE energies. To book a session with an EASE Mumara and find out the cost, please email [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

### 2.3 Alchimie de Lumière staff and email support

The staff at Alchimie de Lumière are here to assist you to manifest your EASE group and to support you through any questions you may have in relation to forming or running your group. To communicate with Alchimie de Lumière, please use the following email addresses:

[facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) – **For enquiries** about registering/becoming an EASE facilitator.

[facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) – **Once you are a registered facilitator**, you can register your participants, send forms and any questions about administering your group to this address. Support of participants, support for facilitators to establish groups etc we will attend to your questions rapidly. Specialist support will be available through the Facilitator Support Team.

[techsupport@theeaseprogram.com](mailto:techsupport@theeaseprogram.com) – **If you require help with technical questions**/aspects such as DVD quality, downloading.

[accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com) - If you have **questions about payments** or need to notify us that you have made a direct deposit.

## **2.4 Divine support – EASE Facilitator Support Program**

When your EASE group forms, you and your group will be supported energetically and spiritually by being placed on the EASE Facilitator Support Program in the God Presence Room in Byron Bay. A clear high level initiate will undertake regular ceremony with the masters to support you. You are offered seven levels of assistance as a facilitator along with 12 specific dispensations for the divine assistance of any members of your EASE group. You are required to ask to be placed on this program, if this is your wish, by writing to the manager of this program at [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) including your name, birth date, birth place, location of group.

Once you are placed on this Program you will also have access to the EASE Forum, where you may communicate with other facilitators, be supported in special requests for assistance and build your relationship with the EASE emissaries. This Forum and your requests are being cared for by the manager of the EASE Facilitator Support Program.

The names and full addresses (including town, state and country) of all EASE participants are placed on the altar in the God Presence Room and will receive special blessings in ceremony every week.

Another team is being created to assist with the opening and clearing of the portals and places where EASE groups are being established, to open the flow of the EASE energies to their highest clarity and anchor the EASE pillars. This can assist you too and if you would like this support, please email [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

## **3 EASE POLICIES YOU NEED TO KNOW**

### **3.1 Timetable**

In order to manifest your group easily, it is important to set a schedule of dates, at least 4 weeks between modules. Pay attention to any dates that fall on long weekends or public holidays and see if you can reschedule around them. You can then put this information clearly on any advertising material you are using such as posters, pamphlets or emails.

It is important to leave a period of 4 weeks between modules. This 30-day integration period is to allow the energy shifts that are created by the modules to take place throughout your physical and energy body and integrate in your life with ease and grace.

Participants who do not allow themselves 30 days for integration may experience some difficulties in their lives, for example emotions arising with no logical or understandable reason.

Please ensure that all participants receive the integration support specific to each module and that they also have a copy of The Integration Program. Remind them to use it if they experience difficulties. This is an excellent 7-day program, which will support and assist any resistant energy to move and create EASE for the participant.

The schedule of dates needs to be given to Alchimie de Lumière. This information is to be completed in Form 1 in electronic format and emailed to [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com)

Schedules for all levels of EASE groups around the world are available on the website [www.theeaseprogram.com](http://www.theeaseprogram.com) This allows potential participants who contact Alchimie de Lumière to look for an EASE group close to them and contact the facilitator that would most suit them.

### 3.2 Change of dates

It is important that if your dates change, you notify Alchimie de Lumière by email immediately, so that the details may be updated on the website. Update your revised dates in your Form 1 (Schedule of Dates) and email again to [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

### 3.3 Minimum and maximum numbers for a group

EASE groups require at least 4 participants plus a facilitator, bringing the total minimum group size to 5. This will allow the EASE pillars and energies to anchor fully and all within the group to benefit from group processes and exercises.

If you are experiencing difficulty filling your group, please contact Alchimie de Lumière at [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com). We may be able to assist you by informing you of other people in your area who may be wishing to join a group or assist you by sending on your advertising emails to their networks.

Another option you have is postponing the starting date of your group to the module 2 date, moving up all modules and adding a new date at the end for module 7, to allow the universe some time to assist you with the forming of your group and bring participants to you to fill your group. In some situations you may be allowed to start your group with 3 participants plus the facilitator and you should contact Alchimie de Lumière to discuss this.

Groups larger than 15 participants require an Accredited facilitator and **one** support facilitator. Groups larger than 30 participants require an Accredited facilitator and **two** support facilitators. If you have a large group, please contact Alchimie de Lumière staff for more information.

### 3.4 Receiving the EASE modules in order

The EASE program has been designed to provide maximum assistance through receiving the modules in order. This is the most powerful way to receive the full potential of the program.

You are asked to let potential participants know that they will receive the greatest benefit if they commit to doing Essential EASE 1-7 in its entirety and in the order from 1 to 7.

Once Essential EASE 1-7 has been received, participants are eligible to receive Intermediate EASE 8-12 and Advanced EASE 13-18.

### 3.5 Joining a group once it has commenced

Participants who commit to doing a full level of EASE may join an EASE group once it has commenced, up until module 3 in that series. This will require that they catch up and complete the modules they have missed. As a facilitator you will be required to oversee this process. Details of the payment options and the loan agreement for EASE materials for such participants will be found under 'Payment Details' and 'Missed Modules' below.

### 3.6 Repeating Modules

Once a person has completed EASE they are able to repeat any module for free - provided the facilitator has space and agrees. It is recommended that they wait at least one year before repeating the psychic surgeries. This is so the energies can stabilise on any particular dimensional level.

The EASE program is a powerful and profound program working on many levels and dimensions. It is most beneficial to allow time to move through a redevelopment of the energy system which occurs by the releasing of layers of energy through the powerful and deep psychic surgeries. This will affect most people for some time.

It is not always in the highest benefit for every person to receive the psychic surgeries more than once, though it can assist some people greatly to do so after a time. Repeating these modules prematurely will continue to activate the release of other layers of energy, creating a skyrocketing effect and more shifts, thereby delaying the time necessary for people to experience full stability and integration.

Of course some would love and deeply benefit from experiencing EASE a second time round, yet not everyone is ready for this. It is important for you to discuss this with your participants before they undertake a further experience of EASE.

Those who would benefit from re-experiencing the program will always be guided to it deeply, knowing that the second time around, it creates a new level of self to come through. It would potentially serve one third of current ease participants, those deeply committed to their spiritual path to receive the program again some time in the future as their energy bodies are developing rapidly and suitable for this.

Invite those wishing to do the EASE program again to facilitate the program, both to assist others to experience its benefits and so they personally can receive it again. Share with them how fulfilling and heart opening it has been for you to help others receive something as amazing as this program.

### **3.7 Missed modules**

From time to time, a participant will be unable to attend all modules on the scheduled dates. The facilitator will need to provide the participant with the materials – the audio download and the DVD of the codes - so that they can complete the missed module in their own time. There is a Loan Agreement document in the Appendix, which you ask the participant to complete and sign.

It is highly recommended that the missed module be completed within one week of the missed date so that the participant still has the greatest number of days of integration between modules. If this is not possible, it is best for the module to be received at the end of the level, 30 days after completion of Module 7 for example, so that 30 days of integration have passed.

## **4 COSTS OF EASE**

### **4.1 Pricing and Zones**

In an effort to make EASE affordable and available in counties and communities with a low socioeconomic status a zoning system has been implemented. As of 2011 pricing for EASE will be determined by the following geographical zones.

Zone 1 & 2: Australia, USA, Canada, UK, Western Europe

Zone 3: Eastern Europe

Zone 4: Mexico, South America, South Africa

Additionally for those experiencing genuine hardship a low income discount is available in zones 3 & 4.

## 4.2 Payment Options

There are two Payment Options available for your zone (all prices are in Australian dollars – AU); *Note# for Australian facilitators (zone 1) — pricing includes GST.*

**Option 1** applies when committing to all modules of the EASE group being facilitated—before it commences.

**Option 2** is provided as a 'pay-as-you-go' method allowing participants to purchase one module at a time.

The following methods of payment are available:

**Online payment** (Visa, Mastercard, PayPal) payments can be made online through secure payment. This is the preferred method of payment.

**Credit Card** (Visa, Mastercard) for participants who are unable to utilise the online payment method and prefer to pay via credit card. We ask that on Form 2 the participant fills in the credit card authorisation form. The facilitator is to then use this information to process the payment (on behalf of the participant) using the online payment method.

**Bank transfers** from participants into the facilitator's bank account need to be paid at least two days prior to each module. Make sure that your facilitator bank account details are listed correctly on the Participants Registration Form (Form 2).

**Cash payments** can be received on the first day of the module.

Note# **Bank transfers and cash payments** are to be transferred by the facilitator into the Alchimie de Lumière's bank account on the first business day after the module is completed.

Please give **clear reference** of your payment and your group ID with your bank transfer and email payment details of your transfer to [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com)

### 4.3 Prices for Essential EASE

	Option 1: <b>Upfront full payment</b>	Option 2: <b>Individual module</b>
Zone 1 & 2	\$1260	\$225
Zone 3	\$840	\$150
Zone 4	\$756	\$135

### 4.4 Prices for Intermediate EASE

	Option 1: <b>Upfront full payment</b>	Option 2: <b>Individual module</b>
Zone 1 & 2	\$900	\$225
Zone 2	\$600	\$150
Zone 3	\$540	\$135

### 4.5 Prices for Advanced EASE

	Option 1: <b>Upfront full payment</b>	Option 2: <b>Individual module</b>
Zone 1 & 2	\$1080	\$225
Zone 2	\$720	\$150
Zone 3	\$648	\$135

### 4.6 When a participant registers for the full program after attending a single module

Sometimes a participant will only feel comfortable committing to trying one module. If they then decide to register for the entire level before Module 3, the payments they have made will be deducted from the upfront full payment. They will be required to only pay the balance.

They will pay the total balance to receive the discounted price of the full payment option ie; \$1260 less module price already.

If this occurs please contact Alchimie de Lumière at [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com) to discuss and clarify the amount due.

#### **4.7 Scholarships/Gifting**

When you have a group of 9 participants, you may gift a scholarship place to a person who is unable to afford the course fees, is ill or disadvantaged in some way. Please seek higher guidance about the appropriateness of this choice.

As part of its charitable focus, Alchimie de Lumière are committed to offering.

#### **4.8 Overseas groups & currency conversion**

All prices are in Australian dollars. Facilitators are asked to find out the amount in your local currency by contacting your bank and adjust the details in **Form 2: Participants Registration Form – Outside Australia** before printing and giving out.

Please ensure that bank fees and currency charges for currency conversion and money transfers are added on top of the amount due to Alchimie de Lumière.

#### **4.9 Cancellation policy**

All cancellations need to be received in writing or by email. A full refund will be given (less a \$50 administration fee) if Alchimie de Lumière receives notice of cancellation *BEFORE* commencement of the first module. If your participant gives you written notice of cancellation please send it to Alchimie de Lumière. Please allow time for processing of the refund.

If one of your participants who paid via the full upfront payment option cancels after you have commenced the first module of an EASE program/level, the participant will be refunded the remaining balance of the full upfront fee less the price of any modules completed where the per module price will be calculated at the zone pricing for a single module.

#### **4.10 Other costs – venue hire, costs of printing**

It may be necessary for you to hire a room or hall in which to hold the EASE program. Venue hire costs will raise the costs of running the program. You may consider asking participants to share this cost. Some groups are currently running where each participant pays \$20 cash for hall hire.

There may be costs incurred printing or photocopying posters, pamphlets or transcription notes for those participants who do not have email or printing facilities available. Participants are normally understanding of these costs but it is important you share the details of any extra costs before you start the program (if you are aware of them) and before each weekend as they arise.

#### **4.11 Marketing/Advertising**

Create a list of contacts you know – this will include family and friends, healers in your community, kinesiologists, chiropractors, naturopaths, therapists, energy workers, spiritual churches, counsellors, people attending meditation groups, those with networks who may be aligned with this type of work.

Create a list of noticeboards, newspapers, radio stations, venues and places where you can place advertising materials.

A number of different types of advertising materials have been created to support you – posters, handouts, brochures, email templates. You can download these from the website and add your personal details – dates, location and your name and contact phone numbers.

## 5 ORGANISING YOUR GROUP

### 5.1 Checklist

The following is a checklist of the things you will need to run your group at the venue:

- ☑ **Advertising/marketing material**/emails with correct dates/location/your contact details.
- ☑ **Create an EASE folder** with the Facilitator Package printed.
- ☑ **Participants List** to obtain contact details – name, phone number, email.
- ☑ **Registration forms** printed.
- ☑ **Information sheets** about the EASE Program (see supporting marketing material).
- ☑ **Cleansed crystals, codes** (ie: Codes of Enlightenment), candles/incense/lighter/matches for the altar.
- ☑ **CD or mp3** of the relevant audio files.
- ☑ **Printed timetable and transcripts** for ceremonies and sessions, so you can introduce what is occurring
- ☑ **Sound system or computer** to play the audio files or an iPod with speakers. Remember to bring spare batteries (just in case you run out). You may also need a power board or double adapter and extension cord for these electrical appliances.
- ☑ **TV/DVD player or computer/projector** for the code presentation.
- ☑ **Herbal tea** or normal tea, milk/soymilk (coffee not recommended).
- ☑ **Information sheet for participants** on what they need to bring.

### 5.2 Information to share with participants and what they need to bring

In your communication with participants (via emails, posters, etc) you should make sure that your dates and times are clearly stated – including start and finishing times. Please ask participants to arrive 30 minutes early on the first day of each module so that registration can be completed before you start and everybody is ready to commence at the advertised time. You could also let them know what the schedule is for the module.

Each module consists of two 7–8 hour days. There are usually 2 sessions before lunch, 2 after lunch. Body breaks and integration times are required between each session. We recommend that lunch be one hour or as negotiated by the group. Ask all participants to return after lunch break in time to start again at the scheduled time.

It is recommended that you print out the timetable supplied with the module materials and read this and the session briefs/summaries in advance so that you may follow the program and introduce each session with confidence and ease.

### 5.3 What participants need to bring

- Plenty of **bottled water** each day – this will assist them with releasing.
- **Lunch**, possibly to share. This is a great way for people to connect and adds more to your group energy.
- **Cleansed crystals**, preferably large ones for the altar. These will receive and hold the EASE energies and support participants to receive the EASE energies at home between modules.
- **Seating and lying down requirements for their own comfort**. Suggestions include cushions or pillows, yoga mat, airbed or small mattress, blankets or rugs. Everybody is asked to lie down to receive the psychic surgery sessions.
- **Photos of family and friends to place on the altar**, if they wish them to receive the assistance and healing of the EASE emissaries.

## 5.4 What you need to provide afterwards

Please provide **transcripts** of the module to each participant by email after the module is completed. You should aim to email the transcripts to your group within a day of completing each module.

## 6 TECHNICAL INFORMATION

### 6.1 Download and play the MP3 files and the code DVD

As an EASE facilitator, you will need access to the following equipment to facilitate the EASE modules:

#### Computer for accessing and downloading files/documents from the EASE website

- ☑ **Internet connection** - You need to have a broadband internet connection to download the MP3 files
- ☑ **Disk space** - You need to ensure that you will have enough space on the computer's hard drive to store the MP3 files for one module. The most space you will need for one module will be approximately 300MB to 350MB. Each file can range from 15MB up to 80MB.
- ☑ **Download time** - Ensure that the download time you have through your internet provider is enough to allow downloading of all MP3 files each month. This depends on the speed of your broadband service.
- ☑ **Download allowance** - Ensure that the download allowance (how much file size you can download within a certain time period eg: you may be able to download 500MB per month) you have through your internet provider is enough to allow downloading of all MP3 files each month.

#### Equipment to play the sound files

The files need to be played at a volume and quality that all participants in the venue can receive easily.

You may use either:

- **a stereo system which plays MP3 files** (for this you will need a program on your computer which burns MP3 files onto CD) OR
- **a laptop computer with speakers attached** (you will need to have a program which plays MP3s ie: Windows Media Player, Winamp, Quicktime, iTunes)

It is also possible for you to download the audio files and burn them to DVD if you have a DVD burner within your computer and they can then be played through a DVD player.

#### An Audiovisual System

You will need to view and hear the code presentation session at a volume and quality that all participants in the venue can see and hear easily.

You may use one of the following to **project the codes** onto a white wall, white screen (or sheet) or television screen:

- a laptop computer (you may need a program which plays DVDs) connected to a projector OR
- a DVD player connected to a television OR
- a DVD player connected to a television (for sound) which is then connected to a projector (for vision)

## 6.2 When you will receive access to EASE module materials

Once the first payment has been processed by Alchimie de Lumière you will receive an email notifying you that you now have access to the materials for Module 1 to download and that the DVD Code Presentation has been posted to you.

You will be notified by email when you have access to the second and all subsequent modules during the week after you have facilitated the first module. All of the remaining DVDs will then be posted to you.

To access these materials go to the EASE website at [www.theeaseprogram.com](http://www.theeaseprogram.com) - go to the bottom of the page and click on FACILITATOR LOGIN - enter your username/password. You will see a list of all downloadable materials for the module/s you currently have access to. If you forget your username/password please email [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) so that we can support you to receive this information.

Use the **Timetable** provided for each module to check and cross reference that you have all the audio files and materials required to run each EASE module.

## 6.3 Downloading guidelines

An information page named 'Audio Download Guidelines' is available in the Appendix. When downloading, click on the appropriate link whether you have a PC or MAC.

**IMPORTANT! Check the file size of all audio files to ensure they have fully downloaded.**

Information about their length is on your Timetable.

## 6.4 What you need to download - Contents of each module

Within each module that you download from the website you will find:

- **All audio files** for the module.
- **Introduction** to each body. These are to be sent to each participant prior to each module to prepare them for what is to be covered. The email templates in the Marketing section have been prepared from these Introductions and are useful to engage people who may be attracted to a specific module for their healing.
- **Transcripts** of all teachings and meditations. Transcripts of psychic surgery sessions are not required and not provided for safety reasons.
- **Timetable for the module** as well as a brief description of each session. The timetable is given to you to help you organise your days with grace and ease. It includes the day number; session number; file name (for example 1EAS1A101); type of session (for example teaching, meditation, psychic surgery or code presentation); length of session (for example 45 minutes); file size (for example 77.1MB); transcript information; length of breaks between sessions (these are important to allow people to come back into consciousness or their body as well as to go to the bathroom before the next session).
- **Facilitator Notes** for the module
- **The Integration Program** is included with Module 1. This integration program has been created to assist participants whose shifts and changes as a result of doing the program, are occurring at a faster rate than their soul is presently able to deal with. It is a seven day program provided in a PDF document and should be provided to participants at the beginning of the EASE program. More information on The Integration Program is available in the Facilitator Package – Part 3.

- **Integration Support for each body.** These serve as both an aid and a reminder of practices, which can be followed during the month after each weekend.
- The **DVD Code presentation** will always be posted to you as it is too large to download. This is a very important part of each module as the codes carry the EASE frequencies to the DNA.

## 6.5 Administration Processes

We have designed a process to help you administer your group with ease and grace. If you have recommendations to make this even easier please send your suggestions to the Alchimie de Lumière office.

- **Check you have all the forms:** All forms are available to be downloaded from your EASE web page. We have placed a copy in the Appendix so you can look over them and understand what is required.
- **Create a list of your participants:** Please check all Participant Registration forms have been filled in clearly as you will need the contact details of each of your participants for your records. Ensure email addresses / phone numbers can be easily read on the forms you send to Alchimie de Lumière.
- **Keep personal information safe:** Part of your role will be to collect personal and private information from each participant. It is important you treat this information as you would expect your own to be kept, ie; don't leave completed registration forms lying around. Keep them in a safe place until they are faxed or sent by secure post to Alchimie de Lumière. Check that all credit card details – card number/expiry/CVV/name on card are accurate and forms are signed in the correct place. This will save you administration time and effort.
- **Group ID Number:** When you first send in your Form 1- Schedule of Dates to create your new Essential or Intermediate EASE group, you receive a Group ID number. As we have many groups running, it supports us greatly if you include this Group ID number in any correspondence with Alchimie de Lumière and when doing bank transfers. Please record this Group ID in your EASE folder. If you need this number again, email [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com)

If you are facilitating more than one group in the same level (ie more than one Essential EASE 1-7 group at one time), you will be provided with a different Group ID for each group. You will need to complete a different set of forms and use a different Group ID number for each group. Also when your group continues to receive Intermediate EASE, you will need to complete a new set of forms and you will receive a Group ID for this group.

- **New participants:** Whenever a new participant joins your group, add the participant's details to the original forms you have already saved and sent to Alchimie de Lumière, so that it will be a complete up-to-date list of your group. Save this as version 2 [v2] (or higher) of the document and email to [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com).

## 6.6 Steps to set up your group

Here is a checklist to support you through the registration process of your group and participants.

### STEP 1: DOWNLOAD FORMS 1-4

Go to [www.theeaseprogram.com](http://www.theeaseprogram.com) - Go to the bottom of the page and click on FACILITATOR LOGIN - enter your username & password to access your personal facilitator web page.

### STEP 2: (OPTIONAL) ORGANISE "A TASTE OF EASE" DAY TO PROMOTE EASE

**This is a beautiful opportunity to offer the EASE energies to people to experience these for free, and attract more participants to your group.** You can download all materials for this program

from the EASE website, along with marketing flyers and leaflets which you can personalise with your own contact information to promote the EASE program.

If you run 'A Taste of EASE' make sure you leave yourself ample time between 'A Taste of EASE' and the date of your first module to allow:

- ★ time for each participant to complete their registration form and organise their payment
- ★ time for you to complete all administration processes 2 - 3 weeks before you commence

### STEP 3: ORGANISE MODULE DATES 4 WEEKS APART / FIND A VENUE \*PLEASE NOTE:

- 4 weeks between modules is needed to allow for integration of the energies  
- allow at least 7 - 7.5 hours to facilitate each day to offer all material. We recommend 10am – 5pm. Some days finish at 5.30pm

### STEP 4: FORM 1 – SCHEDULE OF DATES (Excel)

Download this spreadsheet from your facilitator's web page. You will see tabs at the bottom of the spreadsheet: A TASTE OF EASE / ESSENTIAL / INTERMEDIATE / ADVANCED / EFLEP

Click on the spreadsheet that **relates to the group you are running**.

Complete your module dates / facilitator details / contact information / venue / location and email to [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) This will enable us to place your group dates and details on the EASE website for all potential participants to see.

IMPORTANT! PLEASE EMAIL FORM 1 AS SOON AS YOUR MODULE DATES ARE ORGANISED

### STEP 5: GROUP ID

Once we receive your Form 1 we will send you a Group ID. Please use this Group ID number on all your other forms and as **reference** with any Direct Bank Transfers you make for participants' payments.

### STEP 6: FORM 2 - PARTICIPANT REGISTRATION FORM – SEND VIA FAX OR EXPRESS POST

**Please do not email this form, as it requires an ORIGINAL signature.**

Print one copy for each participant. Ask participants to complete and **sign** if they are paying by credit card. Check that all details are completed accurately and that they are clear and easy to read. Check that the correct payment option has been clearly selected.

Please note: use the correct form for the level you are facilitating ie: ESSENTIAL or INTERMEDIATE etc

### STEP 7: FORM 3 - PARTICIPANT CONTACT LIST

Complete your name and group ID / all details of your participants / participant ID.

**Please fax this form 2 weeks before you commence (within Australia) or 3 weeks (outside Australia).** The fax number is + 61 2 6684 1588. This allows us to complete all our admin tasks and send the code presentation DVD and activate your module materials in time for you to be prepared for the start of your group.

If your group has not quite filled to 4 participants yet, please send the forms with the information you have. Then when your last participant(s) join, add their details to the forms and fax them again. If you are experiencing ongoing difficulties filling your group, contact [facilitator@theeaseprogram.com](mailto:facilitator@theeaseprogram.com) so that we may assist you with this.

### STEP 8: FORM 4 - PARTICIPANTS PAYMENT RECORD SHEET

Please record attendance of each participant on this form **after every module** by completing the participant's name and ID number and the amount the participant pays/has paid for the module in the appropriate payment column and **email this form each month** to: [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com) **or fax each month** to + 61 2 6684 1588.

## Facilitator payment

If you are an Accredited or paid Facilitator this form will be used by the Alchimie de Lumière Finance Angel to calculate the facilitator fee you will receive.

The amount you will receive for each participant is 1/3<sup>rd</sup> (one-third) of the amount paid by that participant. Note: Australian facilitators who are not registered for GST will be deducted 10%, being the GST component, when calculating the one-third facilitator payment.

If you are paid as a facilitator we ask that you complete your bank details at the bottom of Form 4 – Participants Payment Record Sheet. You will be paid monthly after you facilitate each module and email your Form 4 – Participants Payment Record Sheet to [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com). Payment will be received in your currency on your bank statement. We will use your Group ID number as the reference eg EASE 5ESS001, so you can identify your payments easily.

### STEP 9: TRANSFER PAYMENTS TO ALCHIMIE DE LUMIERE BANK A/C AT THE SAME TIME AS STEP 8

This can be processed through your bank or through internet bank transfer.

If a participant pays directly to you by **cash or bank transfer** please check that you have received the correct amount.

FACILITATORS OUTSIDE AUSTRALIA - Please ensure that the amounts you receive and deposit are equal to the Australian dollar amount for the option the participants have selected. For overseas deposits, check the local currency amount equivalent at your local bank.

Please ensure you use your LAST NAME and EASE GROUP ID in the "Reference" box on your bank transfer page, so we can easily identify your deposit.

If you make a direct bank transfer to the Alchimie de Lumière bank account and the bank offers no method for identifying your deposit, please email [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com) notifying us of : DATE / LOCATION / AMOUNT DEPOSITED / EASE GROUP ID.

<b>Bank Transfer Information</b>	
Your EASE Group ID	:
Amount of Payment	: AUD\$..... (in Australian Dollars)
Name on Account	: ALCHIMIE DE LUMERE
Bank Name	: Commonwealth Bank
Bank Branch	: Mullumbimby, NSW 2482, Australia
Bank Swift / Sort Code	: CTBAAU2S
Bank State Branch code (BSB)	: 062578
Account Number	: 10249813

Alchimie de Lumière also has a **Pay Pal** account. If you prefer to transfer your payments to this account, please email [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com)

#### STEP 10: LODGE FORMS 2 & 3

##### FORM 2 - PARTICIPANT REGISTRATION FORM

Only the first page is required.

##### FORM 3 - PARTICIPANT DETAILS

You would have already faxed Form 3 and possibly Forms 2 earlier in the process to enable us to process the registration and payment of your participant prior to the start of your group.

Send forms via fax, email or post to Alchimie de Lumière (make photocopies if sending via post) and keep the original copies for your own records. We would like to receive these as soon possible.

Email: [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com)

Fax: +61 2 6684 1588

Post original to:

EASE Administration, Alchimie de Lumière, PO Box 242, Bangalow NSW 2479, Australia

***Congratulations! You are now ready for your group to flow with ease and grace.***

If you have any questions about the following...

<b>Participant registration/payments</b>	please email	<a href="mailto:facilitator@theeaseprogram.com">facilitator@theeaseprogram.com</a>
<b>Downloads and DVDs</b>	please email	<a href="mailto:techsupport@theeaseprogram.com">techsupport@theeaseprogram.com</a>
<b>Your role as a facilitator</b>	please email	<a href="mailto:facilitator@theeaseprogram.com">facilitator@theeaseprogram.com</a>

# Appendix

- ☑ Assistance in forming your group with EASE
- ☑ Forming Your EASE Group through Five Simple Steps – Sri'ama Qala
- ☑ Checklist : preparation for facilitating an EASE Module

## Assistance in forming your group with EASE

Love is the greatest attractive force in the universe. Simply by doing everything with love, the participants that are truly meant to receive this great benefit, will be able to recognise that you are offering this to them. Every person is fully guided by their Divine Presence, the unique source of energy they hold within that holds their eternal truth and love for them, and through your love, they will be able to receive their guidance to the EASE Program if they are ready to receive this, beloved.

*The first key in relation to learning to attract participants to your group with love, is to truly see and trust that every being you meet who is interested in this, is guided by their Divine Presence.*

Once they receive the information about the EASE Program from you, they will be guided by their Divine Presence to know if this is the right time for them to commit to this in their life. To give every potential participant of your group, space to be guided from within, is essential in your work as an EASE facilitator.

*To trust that your group will fill easily, is the second key, remembering that the Divine Presences of all beings are working in synchronicity with your Divine Presence and the EASE Emissaries for the greatest benefit at all times.*

Trust that the potential of your group will be fulfilled in its number requirements, as you simply place out the advertising in your local community, as a part of the role of your facilitation. This trust may be simply developed, by focusing positivity on the divinity of humanity, and how the invisible energy of the presence and essence of an individual carries the most influence when an open heart makes a loving and sincere offer.

### **TEACHING YOURSELF TO TRUST, -**

is a part of the nature of the EASE Program, and as a facilitator you will be learning to trust more deeply, not only yourself, your Presence, but the nature of ease in life. Simply call for ease, in regards to the manifestation of your group numbers if this does not appear to be flowing, and ask for all obstacles to this to be lifted from your energy body and consciousness so you may attract all the participants you need to form an EASE group with ease. Know as you do this, if a group has not been forming easily for you, that there is simply a trust issue that needs love and acceptance from you.

Look to the following process if you are feeling an energy blockage to the flow of forming your EASE group, and simply answer the questions below, and allow the healing to take place within you.

### **HOW TO OPEN YOURSELF UP SO YOU MAY ATTRACT PEOPLE TO JOIN YOUR EASE GROUP**

*Are you presently feeling stressed with other aspects of your life, and is this stress or worry creating you to have difficulty opening your heart in life?*

Know beloved, attracting your group to you, manifests through your heart connection and it may simply be that at this time, as your natural heart energy is not flowing, your future group participants cannot recognise your soul nature as your heart is not fully open. Do not worry about this, simply look to what is bothering you and offer it up to your God Presence, to the universe, so it may be lifted from you. Ask if you need to move through a process of forgiveness to be able to open your heart again, and simply ask within yourself now...

## **What is it I need to forgive to allow my heart energy to flow with love again so I may return to my essence again?**

To connect to your inner knowing, simply give thanks for one thing you know you truly can be thankful for in relation to the area of your life you hold stress and worry about presently. As you give thanks, say a prayer, simply asking now to be released of all the stress, concern and worry. Call in the EASE Emissaries to assist you and your Divine Presence to lift all of the burdens from you as you name them clearly through the following process, beloved.

"I now give over, to my God Presence, all I am carrying that does not allow my heart to open and flow with love."

*'I now give over (name each thing you feel you are carrying inside that creates worry, burden, separation etc)' ..... and ask for it to be honoured, blessed, accepted and loved.*

*'I now give over .....' and ask that it be accepted, honoured, blessed and loved now.*

*'I now give over .....' and ask that it be accepted, honoured, blessed and loved now.*

*'I now give over .....' and ask that it be accepted, honoured, blessed and loved now.*

Continue this, until you begin to feel lighter. Take three big breaths and ask for ease to flood through your life.

As you do this, become aware of yourself in a beautiful elevator, see or know yourself to be there... as you stand within it, press the button that says H for heart, and journey inside, as the elevator drops down to create you to have a deep core connection with your heart. Gently you drop, until you reach this core connection, and the elevator doors open and you are able to step out... into an amazing light that floods into you as the doors open. Step into the light and ask your heart...

## **What is it I need to forgive at this time, so I may be fully able to allow my love to flow?**

As you receive this from your inner knowing, from making this core heart connection, acknowledge what you receive from within. Accept it and thank it for being a lesson, no matter how hard it has been in your life. Honour that it is now your time to forgive this and complete the heart lesson. Accept and honour this as a part of you, the energy of this lesson was attracted to you for one of the following reasons:

**TO HEAL KARMA** - You have given this same energy out to another at another time, and this energy lesson that has been difficult to embrace, is returning to you, to show you how to forgive yourself for this from another life. (Place yourself in another's shoes that you may not have been able to forgive, and know you have been in their shoes in another time, and they are in your life now to show you how to forgive).

Simply now ask for Karmic Absolution, if you receive via your heart connection that this is true for you, and choose now to forgive yourself and them. Simply say inside or out loud –

***'I now ask for karmic absolution in relation to this issue so I may truly forgive this'.***

**TO LEARN TO LOVE MORE DEEPLY** – If this is the reason you have this lesson in life presently, it is due to a choice you made not to give love or share love under certain conditions.

You are presently meeting one of the conditions you have placed over your heart, and this life lesson is showing you what this condition is that you have placed over your heart to limit the flow of love from your heart. Often we have placed these conditions over our heart due to beliefs that in limiting our heart, we are protecting ourselves.

This is a false belief, for opening our heart is the only way we can experience love truly. If this resonates and you are needing to release this condition, simply travel in your elevator to heart level again (inside of yourself) and walk out the elevator doors as they open, into the light and ask your heart...

## **What condition have I placed over my heart that creates me to presently be experiencing this life lesson?**

As you stand in the light of your heart centre, your inner knowing will present the answer to you. It will come from within you. Simply trust this. This is your spirit giving you this knowing. It is true for you. Once you have received this, simply acknowledge, accept and thank this for being there as a protection for you and then simply share you do not need this protection any more and say goodbye to it... send it into the light and breathe it out and then call for its positive form of energy (unconditional form) to return to you.

Simply breathe deeply 12 times as you place both hands on your heart and ask that your heart transforms this now as you breathe twelve times to support this.

**TO RELEASE A PAIN YOU HAVE HELD** – Sometimes we also manifest lessons in our life, due to pain we hold inside as souls, and our need to be shown it is time to release this old pain.

Pain is created from our suffering, and the repression of this pain from a period when our soul felt unable to change this.

This pain holds us in a disempowered state.

All souls may have some pain and when we do hold pain (past suffering) about something, we block our heart energy from flowing into this part of our life, and create lessons with this. The EASE Program will create the release of this pain from your energy body and this will take place slowly as you receive each module of EASE.

If presently, a deep pain is affecting you and you receive from your inner guidance, that your heart energy is not flowing due to this, you may ask for a dispensation from God/dess so you may be held now, in a space of great love until this pain is able to be lifted from you.

Simply ask now that everything be brought into balance in your life and that every day, your Divine Presence merge with you to open your heart, and that all the pain be placed in a chamber of Love, and that you be held by Pure Love until this pain can be fully dissolved via the EASE Program.

It is important to know that no soul is meant to deal with their inner pain alone, and that Spirit – God/dess - has amazing dispensations of love to help all souls to not be fully affected by their pain in life.

This is the reason the EASE Program was created by Sri'ama Qala – to help all souls live without their inner pain (previous suffering that has been repressed as pain) which only creates more suffering in their lives.

Beloved, Honour which of these three truths is the truth for you presently in regards to your present situation. Connect to the core of your heart, via the simple elevator exercise, and as you stand in the light, ask your heart which of these three truths presently affect you, and is the cause of your present situation – karma, self limitation, or previous suffering (inner pain). When you receive this, simply honour, accept, acknowledge this and thank the energy and then simply ask...

### ***How do I now balance this energy in my life to create the flow of my heart?***

If it is **karma**, beloved you may be asked to forgive, then give love to another.

If it is **self-limitation**, you may be asked to acknowledge the old belief that is the limitation and condition, and accept and welcome in the new positive belief and mantra it so you may embody this.

If it is due to **inner pain**, you may be simply asked to accept this, with love and patience, forgive over time and trust in the power of God's divine healing.

Know if you work with the keys offered here, you will unlock your heart energy and it will flow again and you will then be able to attract the beautiful participants of your EASE Group, with love. Trust this, once you have unlocked your heart energy.

## **Forming your EASE Group through Five Simple Steps**

**by Sri'ama Qala**

If you have no present stress/worries in your life and your heart is open and flowing with love, if you follow the following five simple steps, your EASE Group will form with great love and ease simply for you. If you do have some deep stress or worry in your life, simply connect to the document 'Assistance in forming your EASE Group with Ease' to be assisted to open your heart and be relieved of this internal stress, before attuning to the following five steps.

### **1. Setting your Intention with the Universe**

Placing 'the call out to the universe inside of yourself', that you would like to serve your desired maximum number of people to receive the EASE Program so they may experience ease in their life with you, is the first step to forming your EASE Group. To do this clearly with your Divine Consciousness is important, otherwise small fears you may carry may influence the manifestation of your group. This is done through the power of your Divine Presence. To contact this power you must call on it, and be open to it. This contact is made via the heart. It is simply the flow of divine energy (energy in a pure state – holding no duality or fear) that comes from your Divine Presence when you call on it. It is this energy that will first form your base for your EASE Group coming together physically, if you place the call out truly from your heart. Many try to call out to the universe via the mind and this does not manifest fullness, love and beauty. To take each step with love (from connection to the core of your heart energy, is the key.

Begin by calling to your Divine Presence to merge with you so you may connect to this power of love and pure energy within you. Ask for all of your chakras to be cleansed with violet and white light and breathe twelve times deeply to allow this energy through. This will help to open your chakras so this pure energy may flow through your chakras.

After completing all breaths, simply ask for your chakras to open and receive light and love equally from your Divine Presence. See a beautiful pillar of pure energy anchor through you, via your chakras and send it down into the earth core to ground this connection.

Simply sit in a pillar of energy now and attune to the following divine truth that is the purpose of The EASE Program. Simply envisage the many people in your community, your group of friends, acquaintances and even family members being eased of their life burdens, being freer in their life circumstances with smiles on their faces, simply due to them being assisted by a divine team of loving angels, archangels and masters over 7 months of self-transformation.

See that even though some of these people may not attend the group (that your desired maximum number of people will attend the group) that as every person is connected to every other person through a field of life energy called the Unified Field of Oneness, even if they do not attend the group, they will still receive something eased as you facilitate an EASE Group.

Become aware that by you holding this group, the energy will change for the whole community and how every family member of everyone who attends physically will be supported to begin to receive ease spiritually via the DNA that is shared as a family.

As you truly become aware of the greater service to family and community you are providing by facilitating an EASE Group, know within yourself now that you are fully supported by the Field of Life (The Universe) to facilitate this, and to have the highest potential outcome of healing and success with this.

Simply sit for a few minutes in your heart and open to this, feel this and ground this truth in your being. Imagine now, this Universal grid of divine energy that extends from every cell of your body into every star, to every plant on the Earth, to every drop of water in the ocean, every mountain and river, valley, to every flower and to every crystal, through all of life eternally... with the power of your mind.

Simply imagine the pure rays of energy extending from every cell of your body to everything in life, to be able to connect to the Unified Field, the Universe at this time. See this grid begin to pulse with life when you place your heart energy into it. Send your love on this grid as you connect to it and as you transmit love, you enliven your connection to the Universe via this grid.

Then simply ask the Universe (via this Universal grid) to provide your desired maximum number of people to physically be with you who have the heart-wish to be assisted, who have the commitment and time for each of the 7 modules, the divine intention for self-transformation, the open mind to spirit, the understanding of the English language, and the funds necessary to be able to join you for your EASE Group.

Transmit love out through this divine grid as you connect to it through the power of your mind, connect to the core of your heart, by travelling down the elevator again until you stand in the light, then call for all the Divine Assistance you need to manifest this to come to you with ease. Thank the Universe for providing you this, as you need it.

Open your heart more deeply and transmit your love to all beings in your community, inviting them to receive EASE with you.

## **2. Trust that Now The Intention Has been Sent, The Universe will Respond. The Next Step, is to Act three times with Love to Let groups of people Know about What you are Doing, When, How they can Join You and Why they would want to.**

In relation to this, you may simply be guided as to what is most appropriate in regards to advertising to groups of people in your local area about the EASE Program. Remember three things! and place yourself in all of your community's shoes as you act three times with love to share the information with them about the EASE Program.

**The first thing to remember is** that although this program is new, advanced and powerful, people are ready to advance, grow and shine in their lives. They have been waiting for this assistance to come to them, as their Divine Presence will also always only guide them to this program if it is the highest for them.

**The second thing to remember is** that every person has a guardian angel who will take them to the place that you have advertised or placed your communication about the EASE Program. Trust that others will be guided to find this, and trust that you are guided where to place this. This may be to place an ad in the paper, or flyers on notice boards, in shop windows, or in places where people opening to the spiritual path and self-transformation travel to – such as bookshops, self transformation events, magazines, websites. You may be guided to email this to all people you know and ask them to share it with others they know who would be interested in receiving ease in their life.

Remember as you are guided to deliver this information in three different ways (Acting Three Times to Let Groups of People to Know), the Guardian Angel of each person is aware of where you place this advertising, and if it is in divine order for the person, they will be directed to this as they get closer to this. In other words if this advertising is in a shop nearby, a person who could benefit from this, as they walk down the street near this shop window will suddenly feel like (be guided to) crossing the road to pass this window and the energy of the advertising will suddenly catch their eye, as their guardian angel connects this person to the notice on the window. This is a simple example of how it works.

Act three times, place advertising material out in three different ways. In other words you may be guided to place flyers on notice boards in all the places you go to where notices are placed, then place a small ad in the paper, and then email a whole bunch of people. This is three forms of actions. The key with it, is that each action is done with love. So make sure when you are doing it, you have your heart open and you place positive energy into it.

**The third thing to remember is** that the Universe will do 90% of the work if you simply place 10% of the effort in what is needed to let people know - What, When, How and Why. Remembering that if you place enough love into it (love is the energy that is needed to attract anything in life), you will send this message out through the unified field and attract others to it. Also remembering that if you place the love into every action, you will attract the Universe's energy to your project and the Universe will then be able to do the rest of the work of attracting the people to you.

## **3. Once the three actions have been done with love, Give thanks that this is done and wait to be contacted. As you wait, release any desires, expectations you may hold about what the result will be. Hand over the group to God, and ask for what is in Divine Order to occur, as God would wish it to be for you and all others joining you.**

Often we have many thoughts and feelings arise after we have set a positive intention and placed out our clear actions with love. We need to give time for the Universe to respond to this. What filters the Universe's assistance coming to us and manifesting within the physical plane, is simply our own expectations and desires filtering our receptivity. To be able to receive what the Universe responds to give us or sends us as support in our lives, we must give away any desires or expectations that arise in our minds and hearts as we journey with the Universe. In other words, as we wait for the new group participants to contact us, it is important for us to be honest with what occurs within us.

*Are we thinking negatively about people not coming and what are these thoughts, if this is taking place?* It is important if we have doubts, that we honour this energy but simultaneously ask that it be lifted into the light so it does not veil the outcome of our 'happy, fully manifested EASE Group'. Simply offer to your God Presence, the thoughts or doubts you may experience, each time this occurs, and ask that these be lifted into the light.

Know that the desires and expectations simply come from what is known as your ego, a part of your energy that has not resolved with God and opened the heart to love fully. This is not an evil, bad or negative part of you, but it is a part we all have that is not connected consciously to love and light. Sit with it as it needs our guidance to trust and open the heart again. If these thoughts arise, simply acknowledge this is a part of you that is truly calling to you for assistance, to trust and open the heart again.

Accepting this and not judging yourself for this occurring is important in this third step. Every being has an ego, beloved. Some are more overtaken by it than others and some, who seem more enlightened, simply have mastered loving this part of self, beloved, so it does not affect them. You too, are on the path of learning to love all parts of thyself. Take this opportunity to know that you have the power to choose to be positive and loving about this part of yourself. If the thoughts continue, go into your heart elevator, and journey until you stand in the light. Ask your heart what condition have you placed over yourself that creates you to experience this continual pattern of thought.

Accept what you receive from your inner knowing. Accept, acknowledge, bless and thank this energy for being in your life up until now. Let it know it needs to go into the light now. Say goodbye with love to it and send it into the light. Breathe it out and call in the positive form of it as you place your hands over your heart chakra (centre of breasts) and breathe 12 times deeply to transmute it.

#### **4. Simply acknowledge now the Power of Prayer in your Life. Your Power of your Heart may be expressed via Prayer for all Beings in Life.**

As you begin to gather your group participants, it is only karma that may influence you not to form a full group, after working with the first three steps. This karma will be related to you holding groups previously. If you hold karma relating to this, there may be a fear around this or a sense of superiority within your being with this.

Know that if your group is not forming and you have no response, you will need to clear your karma so your connection to facilitating a group can truly form. Just because you have karma with group energy, it does not mean you have been a bad person beloved. It simply means you are holding blame for yourself for something that occurred in a group situation, whether you really caused this, or not, beloved. Due to the self-blame or guilt, your energy pushes away the formation of a group for the purpose of healing, self transformation with the assistance of God.

If this resonates as you read this, simply call for Karmic Absolution from God directly, for anything you may have been involved in, or anything you believe you have caused to occur in group situations that presently still creates you to not open your heart to receive connection to groups for this higher purpose beloved.

As you call for karmic absolution, ask also that the original cause, core and records of this be lifted from your energy body and consciousness as you choose to forgive yourself for this. To forgive yourself is the key for you. Ask for assistance to allow this to take place with ease over the EASE Program, beloved. This will take place simply with ease if you ask for this. Karmic Absolution will lift the present blockage to the group forming. Just trust it will form after this with the grace of God assisting this.

**5. Give thanks each time a new participant joins your group and recognise that they are now also supporting the EASE Group to form. Know now it is Love that will fill the group and then hold all participants of the group.**

Remember it is not all resting on your shoulders. The group will form itself now if you guide them all to be heart-centred at all times. As each one comes in to join you and register, as you act and speak with love, you will fill the forming group's heart energy with love and this will attract all other participants who are to come. This is the truth of your job as an EASE facilitator throughout the whole program. It is your job to simply always return to your heart-centre to hold the space of love for all that occurs and in all situations.

As your participants come to join you, know it is the love that holds them, not you. You are simply a vessel in each moment you make contact with them, for this love to flow through. See this in your mind, and as each one joins you, see them join you along with the many angels, archangels and masters who facilitate this program. See that they are now going to be held for the next 7 months by this team in every part of their life until self-transformation takes place powerfully. Simply Trust this and speak about this to each person that joins your EASE Group with you.



**PRINT THIS OUT AND USE IT EACH MONTH TO CHECK THAT YOU HAVE EVERYTHING!**

**Checklist - preparation for facilitating  
an EASE Module**

- **Participants List** to obtain contact details – name, phone number, email.
- **Registration forms** printed.
- **EASE pamphlets**
- **Your EASE folder** with all information in it - Facilitator manuals, forms, handouts, timetable, transcripts (one set printed out for yourself),
- **Information sheets** about the EASE Program (see supporting marketing material).
- **Cleansed crystals, codes** (such as the Codes of Enlightenment), candles, incense, lighter/ matches for the altar.
- **CD or mp3 of correct EASE module** containing all the relevant audio files.
- **Code DVD** – check you have the correct DVD by testing it before the module
- **DVD player + TV** or computer
- **Projector** if using one
- **Sound system or computer** to play the audio files or an iPod with speakers.
- **Spare batteries** (just in case you run out).
- **Power board or double adapter, extension lead** for these electrical appliances.
- **Herbal tea** or normal tea, milk/soymilk (coffee not recommended).
- **Participant Information sheet** outlining what they need to bring.

# Marketing Materials

- Handout      **Energy Attunement Science of Enlightenment - What is the EASE Program?**  
Handout for attendees at A Taste of EASE (2 page)
- Email template      **EASE for the Soul** - an example of an email that you can send to your contacts to invite them to attend an individual EASE module (there are other versions for each module)

Add email templates for personality, phys, plans.....



## ENERGY ATTUNEMENT SCIENCE OF ENLIGHTENMENT

[www.theeaseprogram.com](http://www.theeaseprogram.com)

### **What is the EASE Program?**

The EASE Program has been created for anyone who wants deep transformation and healing in their lives, to release old programming or difficulty and open fully to the flow of love in their life. It is a complete system that fully encompasses consciousness, energy science, energetic healings and clearings that enable you to experience a deeper connection to your Divinity and activate your chakra pathways to allow energy to flow through all levels of your energy body.

It is suitable for everyone and all that is required of you is to sit or lie down, relax completely and be receptive as the program is brought to you. It is a highly developed series of guided meditations, profound teachings, healings and audiovisual presentations (encodement journeys) that support you to **easily** make a large frequency shift within your energy body.

This program empowers **you** to make fundamental changes within yourself, your life, your relationships with others, and your experience of reality. You are not required to believe in God, or any God model for this program to work but you are required to be able to accept Divine Assistance as it is being offered to you. The Emissaries will facilitate change to occur, taking much of the burden of transformation from you. All you need to do is to accept their help.

The EASE Program is a series of *Energy Attunements* – high frequency teachings that have been given to mankind by a team of Angels, Archangels, Ascended Masters and EASE Emissaries. These enlightened beings will start to work with you once you start the program, and will be with you for the full duration of the program. Their primary role is to provide a loving environment for your personal exploration, and to help you resolve energetic blockages in key aspects of your being and life.

### **What are Attunements and how can they work?**

Attunements are sometimes also called energy initiations or empowerments. The EASE modules are transmissions of energy to you, from the Masters and Enlightened Emissaries via Sri'ama Qala. Qala is a pioneer of new education for humanity. Her work is extensive as a teacher of teachers and healers. As a founder of three schools of teachings, known as EASE, GRACE and Self-Mastery, she is presently sharing the keys that the Spiritual Masters have offered her over the last 10 years of her world service.

Each EASE transmission opens, clears and connects you to the specific part of your energy body which is the focus for that weekend. It does not matter if you have not meditated before. The attunements themselves will help you connect to the meditations, to aspects of yourself and to energies to receive the clearing and healing that is in the highest order for you.

The healings and clearings (called psychic surgery) offered each day, can only be done with your inner permission and acceptance in accordance with your personal highest good. Any blocks or impediments to your connection to the part of your energy body that is the focus for that weekend, are healed or transformed. Your energy field is then reconnected to that aspect of your energy body that was not functioning at its highest potential.

The program runs one weekend per month for seven months. Each weekend contains new teachings, specific to an aspect of your energy body and offers you the ability to understand and apply them in a very practical way to your life.

The four weeks between each module is the time when the EASE Emissaries continue to work with you in relation to the body being focused on for that month to integrate the healings you have received. Each module contains new teachings, specific to an aspect of your life and offers you the ability to understand and apply them in a very practical way to your life. They bring an enlightened shift in consciousness to you.

You will also be provided with an Integration Program that is an additional support for you if the reality shift you experience is a powerful one.

### **How is the Program Structured?**

The EASE modules are delivered over 7 weekends or 2-day modules. **From 10am to 5pm.**

**[add your date]** – Taste of EASE - FREE introduction to experience the frequencies

**[add your date]** – EASE for your Soul: Opening to your Happiness & Joy

**[add your date]** – EASE for your Personality & Family: Freedom from Family Patterns, Genetic Tendencies & Inherited Emotions

**[add your date]** – EASE for your Physical Body: Regeneration and Healing for your Physical Body

**[add your date]** – EASE for your Plans & Intentions in your Life: Transforming unhealthy patterns, contracts, desires & addictions that block the plan of your life

**[add your date]** – EASE for your Heart & Emotions: Activation of Love with the Open Heart

**[add your date]** – EASE for your Mind: For your peace, clarity of mind and the acceptance of your natural intelligence or genius

**[add your date]** – EASE for your Spirit: For your Passion and Inspiration in life and deeper trust in the universe and others. Awakening your spirit's heart dreaming

### **What to Bring**

- ✓ An open heart!
- ✓ Plenty of bottled water every day
- ✓ Lunch to (possibly) share
- ✓ Photos of family and friends
- ✓ Any cleansed crystals, large if possible, for the Altar (please follow cleansing instructions as below) All crystals brought to the venue will receive the divine energy of EASE and will support participants when they are at home, to hold and receive the EASE energies.
- ✓ Mat or blanket to lie on, and cushion to sit on

### **The Cleansing of Crystals**

It is highly recommended that all crystals be cleansed. This can be achieved by bathing crystals in salt water, placing them outdoors in the sunlight for a day, placing them in the moonlight in the garden overnight, cleansing them in the ocean. It is also possible to hold them in your hands whilst merged with presence and transmitting light and love to them for 20 minutes or bathing them in pure water infused with Liquid Light, an elixir which can be purchased from Alchimie de Lumière

### **Caring for Yourself During EASE Modules 1-7**

Each of the EASE Modules 1 – 7 are a powerful transformative, two day experience. Throughout the seven months of Essential EASE and particularly during the two days of each module, it is recommended that you:

- ☯ **Drink lots of water** to assist with integrating the EASE energies
- ☯ **Be gentle with yourself on the evenings of the program** - refrain from drinking alcohol or subjecting yourself to loud music or late nights, get a good night's sleep – this will assist you with the integration process.

### **How much does it cost?**

To participate in the EASE Program you may choose from the 2 options below. I highly recommend that you do one module per month from 1 to 7 in order. This is the most powerful way to receive The EASE Program and will give you the greatest benefits.

OPTION 1. **\$1260** - Upfront payment for Modules 1 to 7 (\$180 per weekend – a saving of \$315)

OPTION 2. **\$225** - Per module if attendance is for individual modules

### **Does this resonate with you?**

If you would like to book into the 2010 program or if you would like more information, please contact **[insert your facilitator name]** on **[insert your telephone numbers]** or email **[insert your email address]**.

[www.theeaseprogram.com](http://www.theeaseprogram.com)



## EASE for the Soul

Free your soul from limiting patterns you may hold about yourself  
Expand the flow of self love and your connection to your true self

Blessings,

**EASE for the Soul** is being offered in **[city name]** on **[dates]**.

The Soul Body holds your soul's heart, essence and all soul memories from your last three lives and is anchored within your physical body upon birth. It directly affects your personal freedom, your access to your soul's gifts, special talents and qualities and the expansion of these in your life for the purpose of truly loving yourself and your life.

The patterns of behaviour, thoughts and emotions which you previously did not resolve in your last three lives are carried into your present life to be resolved via your soul body. As you learn to express yourself and love yourself truly, these memories of challenge from your previous lives are transmuted and washed away.

Lying latent within your soul body and in your DNA, the memories create patterns that activate as thoughts, feelings, etc when your soul meets situations that resonate to your previous experiences. An example is this can be an incomprehensible fear of speaking up in certain situations. This is directly related to a past life situation where you may have been dishonoured, persecuted or cast out for this.

The meditations and psychic surgeries with the EASE emissaries create this healing to be an amazingly simple, gentle and pain-free process. **You will be transformed merely through attending and consciously accepting the healing.**

### When, Where & Other:

**Dates & Time:** [day, dates eg. Saturday 19 and Sunday 20 April]  
[time eg. 10.00am – 5.00pm each day]

**Venue:** [venue name and address]

**What to Bring:** Once registered, we will offer you a suggested list of things to bring to make your weekend comfortable and EASE-y

### Financial Investment, Payment & Discount Options:

**Investment:** \$225\* per individual weekend

**Payment:** prepayment via cash, cheque, direct deposit, credit card

**Discount Options:** SAVE \$315 if you register for all 7 modules of the Essential EASE Program and pay upfront.  
Registration for all 7 can be done before or after completing this weekend

Receive the program for FREE if you bring along 5 friends, or share the cost among 6 people and reduce the cost for all

### Register for EASE and Other Information

Please register by [day] [date] by contacting [name] on [phone number] or email [email address].

## Try a FREE Taste of EASE

If you haven't experienced the free Taste of EASE, you can download this and find out more information about the whole EASE Program from [www.theeaseprogram.com](http://www.theeaseprogram.com).

## Want the full EASE Experience?

### EASE for your Soul is one of 7 modules from the Essential EASE Program.

You may choose to do one or all of the modules that can be paid for as you go. If you do a module and later decide to register for the entire 7 (which we highly recommend) you will only be required to pay the balance of the total fee. The total fee to do all 7 modules of Essential EASE is \$1260 upfront.

EASE FOR YOUR PERSONALITY AND FAMILY	[dates eg.
Freedom from your old Family Patterns & Circumstances	24 & 25 May]
EASE FOR YOUR PHYSICAL BODY	[dates]
Regeneration and Healing of your Physical Body	
EASE FOR YOUR PLANS/INTENTIONS IN LIFE	[dates]
Transformation of Unhealthy Patterns, Contracts, Desires / Addictions that block the Plan for your Life	
EASE FOR YOUR HEART & EMOTIONS	[dates]
Activation of A New Love	
EASE FOR YOUR MIND	[dates]
Peace, Clarity of Mind & the Acceptance of your Natural Intelligence or Genius	
EASE FOR YOUR SPIRIT	[dates]
For your Passion & Inspiration in life & Deeper Trust in the Universe and Others	

For further information and to register about these, contact **[your name]** on **[your phone number]**  
or email **[your email address]**

Please share this information with others interested in love and light  
so they may have the opportunity to experience some EASE in their life.

[Your name]

M: [contact mobile number, if applicable]

P: [contact phone number, if applicable]

E: [contact email address]

# Forms

These forms are samples only...

Please download all forms from the EASE website  
[www.theeaseprogram.com](http://www.theeaseprogram.com)



## FORM 2 - Essential EASE

### Participant Registration/Payment Form

PLEASE RETURN THIS FORM TO YOUR FACILITATOR

### REGISTRATION DETAILS

**ZONE 2**

USA/Canada/  
UK/Western Europe

(OFFICE USE ONLY)

Facilitator Name: \_\_\_\_\_

Group ID: \_\_\_\_\_

Name : \_\_\_\_\_

Email : \_\_\_\_\_

Mailing Address : \_\_\_\_\_

Suburb : \_\_\_\_\_

City : \_\_\_\_\_

State/Prov/Region : \_\_\_\_\_

Postcode/Zipcode : \_\_\_\_\_

Country : \_\_\_\_\_

Phone : (incl country/area code) (        ) \_\_\_\_\_

PARTICIPANT ID: (OFFICE USE ONLY) \_\_\_\_\_

Sample Only

## INFORMATION ABOUT PAYMENT OPTIONS – Essential EASE

PLEASE NOTE: **Option 1** applies when committing to do **all 7 modules** of Essential EASE before it commences

Option 1 AU\$1260	Full payment <b>Essential EASE (Modules 1-7)</b>	<b>Payment method: secure online / credit card / cash / bank transfer</b> Credit card payments are debited upon receipt of registration form.
Option 2 AU\$225	Single module payment <b>Essential EASE - Single Module</b>	<b>Payment method: secure online / credit card / cash / bank transfer</b> Bank transfers need to be <b>paid into the facilitator's account 2 days before each module.</b> Credit card payments will be debited upon receipt of your registration form.

# OPTION CHOICE & PAYMENT METHOD

## Essential EASE

Please select your **Option** below:

<input type="radio"/> Option 1 AU\$1260	<input type="radio"/> Option 2 AU\$225
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Sample Only

Please select your **Payment Method** below:

<input type="radio"/> Bank Transfer  Pay to your facilitator	<input type="radio"/> Cash  Pay to your facilitator	<input type="radio"/> Credit Card  Complete authorisation below ▼	<input type="radio"/> Online Payment  Secure online payment – recommended method  <a href="http://www.theeaseprogram.com/payment-ESSZ2.html">www.theeaseprogram.com/payment-ESSZ2.html</a>
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### \* CREDIT CARD AUTHORISATION

**Credit Card Type** (Please tick)  MasterCard  Visa

**Name on Card** : \_\_\_\_\_ **Expiry Date** : \_\_\_\_\_

**Card Number** : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **CVV** : \_\_\_\_\_  
(last 3 digits on reverse of credit card)

**Transaction Amount: AU\$** \_\_\_\_\_

#### Cancellation Policy for all Modules

**All cancellations need to be received in writing or by email.** A full refund will be given (less a AU\$50 administration fee) if Alchimie de Lumiere receives your cancellation *BEFORE* commencement of the first module. Please give your written notice of cancellation to your facilitator, who will send it to Alchimie de Lumiere. Please allow time for processing of the refund. **If you cancel after you have commenced the first module of Essential EASE, you will be refunded the remaining balance of the fee originally paid, however, each module started will be priced at the AU\$225 fee per module.**

*By authorising the credit card transaction (payment) with your signature below, you are agreeing to this cancellation policy.*

**Signature authorising transaction:** \_\_\_\_\_ **Date:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

\* Facilitator to process payment: [www.theeaseprogram.com/payment-ESSZ2.html](http://www.theeaseprogram.com/payment-ESSZ2.html)

## BANK TRANSFER INFORMATION

Please transfer your payment (as a participant) into your  
Essential EASE Facilitator's bank account with information below

Always use your **last name** as the reference to identify your payment.

Facilitator Bank Account Information (to be completed by facilitator)	
Payee Reference (participant surname)	:
Amount of Payment	: AUD\$..... (in Australian Dollars)
Name on Account	:
Bank Name	:
Bank Branch	:
Bank Swift / Sort Code	:
Bank State Branch code (BSB)	:
Account Number	:

For participants **outside Australia**, please contact your facilitator for information about how much to transfer in your local currency.

Sample Only



## Form 3 – Participant Contact List

Facilitator Name:

Group ID:

Please complete and fax to: +61 2 6684 1588

Participant ID	xxx /001	Participant ID	xxx /006
Name	x	Name	x
Email	x	Email	x
Mailing Address	x	Mailing Address	x
Suburb	x	Suburb	x
City	x	City	x
State Post/Zipcode	x	State Post/Zipcode	x
Country	x	Country	x
Area Code + Phone	x	Area Code + Phone	x
Participant ID	xxx /002	Participant ID	xxx /007
Name	x	Name	x
Email		Email	x
Mailing Address		Mailing Address	x
Suburb		Suburb	x
City		City	x
State Post/Zipcode	x	State Post/Zipcode	x
Country	x	Country	x
Area Code + Phone	x	Area Code + Phone	x
Participant ID	xxx /003	Participant ID	xxx /008
Name	x	Name	x
Email	x	Email	x
Mailing Address	x	Mailing Address	x
Suburb	x	Suburb	x
City	x	City	x
State Post/Zipcode	x	State Post/Zipcode	x
Country	x	Country	x
Area Code + Phone	x	Area Code + Phone	x
Participant ID	xxx /004	Participant ID	xxx /009
Name	x	Name	x
Email	x	Email	x
Mailing Address	x	Mailing Address	x
Suburb	x	Suburb	x
City	x	City	x
State Post/Zipcode	x	State Post/Zipcode	x
Country	x	Country	x
Area Code + Phone	x	Area Code + Phone	x
Participant ID	xxx /005	Participant ID	xxx /010
Name	x	Name	x
Email	x	Email	x
Mailing Address	x	Mailing Address	x
Suburb	x	Suburb	x
City	x	City	x
State Post/Zipcode	x	State Post/Zipcode	x
Country	x	Country	x
Area Code + Phone	x	Area Code + Phone	x

Sample Only

# Participants Payment Record Sheet

Alchimie de Lumiere  
 PO Box 242, Bangalow NSW 2479, Australia

**Email:** [accountsadmin@theeaseprogram.com](mailto:accountsadmin@theeaseprogram.com)  
**Fax :** + 61 2 6684 1588

EASE Level: Essential / Intermediate / Advanced  
 (select one)

<b>Date:</b>		<b>EASE Module #:</b>	
<b>Facilitator:</b>		<b>Module Date:</b>	
<b>Group ID:</b>		<b>Location:</b>	

Participant ID	Participant Name	Participant Payment Cash/ Direct Bank Transfer	Participant Payment On-line / Credit Card
001		\$	\$
002		\$	\$
003		\$	\$
004		\$	\$
005		\$	\$
006		\$	\$
007		\$	\$
008		\$	\$
009		\$	\$
010		\$	\$
011		\$	\$
012		\$	\$
013		\$	\$
014		\$	\$
015		\$	\$
016		\$	\$
017		\$	\$
018		\$	\$
<b>Accredited or Paid Facilitators only:</b> [Note: Facilitators can receive funds into a PayPal a/c] <b>Facilitator payment to be transferred into:</b>		\$	\$

Sample Only

<b>Bank name &amp; Branch:</b>
<b>Account Name:</b>
<b>BSB:</b>
<b>Account #:</b>

**Swift code:** |



**EASE MATERIAL LOAN AGREEMENT**  
(for a participant who missed attending a module)

I ..... (participant's name) agree to taking out the materials listed below on loan through my facilitator ..... (facilitator's name)

- List of materials on loan** - Module no ..... audio files CD  
 Module no ..... code presentation DVD

I acknowledge that I may need to pay for CD burning or other preparation costs that the facilitator incurs if he/she

I hereby agree that I will use the EASE materials in any way for my personal use only. **Upon the completion of this module, I agree to return the materials to my facilitator within a one-month period, in their entirety and integrity.**

**Sample Only**

This material is copyrighted to Sri'ama Qala Phoenix, 'All Rights Reserved' and no part of this EASE material may be reproduced or copied or distributed or transmitted in any form or by any means, graphic, electronic or mechanical, photocopying, re-recording or otherwise, without the express permission of the founder of the EASE Program, Sri'ama Qala Phoenix.

I agree to pay the fee of \$..... if my facilitator requests this of me for creating the disc/s of the audio files for me.

**Date materials borrowed** - .....

Participant's signature	Facilitator's signature
.....	.....

**Date materials returned** - .....

Participant's signature	Facilitator's signature
.....	.....